

## Pattern Weights

Cut a rectangle of fabric to the following dimensions:

- Imperial
$51 / 2$ inches $\times 23 / 4$ inches
- Metric
$14 \mathrm{~cm} \times 6.5 \mathrm{~cm}$
Press under $1 / 4$ inch along one long edge (or 5 mm if you have cut your rectangle using the metric measurements).

Fold in half lengthwise and stitch on two sides, leaving the side with the pressed edge open.


- If rectangle was cut to imperial measurements (inches), seam allowance is $1 / 4$ inch
- If rectangle was cut to metric measurements (centimetres), seam allowance is $1 / 2$ centimetre or 5 mm .


Turn right side out.
To close, bring Point A to meet Point B. This should form a pyramid shape. Stitch by hand to partially close this seam.

Stuff the pyramid with rice or similar grain and then finish stitching the opening.


