

Pattern Weights

Cut a rectangle of fabric to the following dimensions:

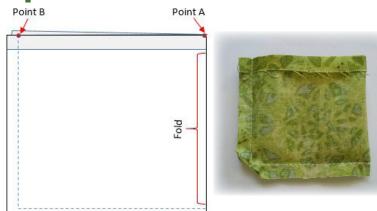
- Imperial 5 ½ inches x 2 ¾ inches
- Metric 14 cm x 6.5 cm

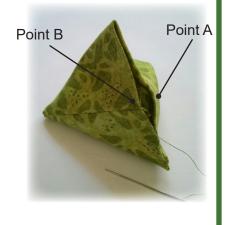
Press under ¼ inch along one long edge (or 5mm if you have cut your rectangle using the metric measurements).

Press under one long edge

Fold in half lengthwise and stitch on two sides, leaving the side with the pressed edge open.

- If rectangle was cut to imperial measurements (inches), seam allowance is 1/4 inch
- If rectangle was cut to metric measurements (centimetres), seam allowance is $\frac{1}{2}$ centimetre or 5mm.





Turn right side out.

To close, bring Point A to meet Point B. This should form a pyramid shape. Stitch by hand to partially close this seam.

Stuff the pyramid with rice or similar grain and then finish stitching the opening.